**Home page**

The Theo Foundation was founded in 2019 driven with the passion to support people with Drugs abuse after effects, mental illnesses, those recovering from sexual violence and epileptic groups. Why? These are the least listened to voices in society today. The foundation is here to amplify theses voices and help ease the pain.

The purpose of the target groups were majority because plenty of people today are silently going through sexual violence, mental illnesses and epileptic cases. The silence is proudly sponsored by stigma. All these affect individual productivity at work, home and in society.

**The Theo foundation brings together a** group of physicians, therapists, social workers, and nurses with the training to bring out the best in our patients. The foundation priorities are patient-centered and specific rehabilitation goals have been formulated to reflect the patient’s needs and desires. The primary care physicians can also make appropriate referrals for all that is needed.

**Contact Page**

Have An Inquiry?

You can write to us through the contact form below for any kind of questions or inquiries about The Theo Foundation with registration no 8002001882733

Name:

Email address:

Message:

SUBMIT

Location Nsambya Kevina

P.O Box 196 Mbalwa

Kampala –Uganda

Email address…………………………………………

Phone contact……………………………………………

**About us Page**

General objective

1. Counselling and rehabilitation
2. Home care
3. Medical assistance
4. Stigma management

Specific objectives

1. Financial assistance to our patients
2. Nerve stimulation
3. Controlling side effects
4. Anti-Epileptic drugs

Our target groups

3-18 years of age; Parents who are illiterate; mentally ill and on drugs

How we work

*Vagus nerve stimulator*

Vagus nerve stimulation involves**the use of a device to stimulate the vagus nerve with electrical impulses.** An implantable vagus nerve stimulator is currently FDA-approved to treat epilepsy and depression. We have managed to impact over 30 young people using this method to fight depression, manage epilepsy and restore their participation abilities in society.

*Surgery at Butabika Hospital*

Through multidisciplinary approach to healthcare, Butabika Hospital provides access to a wide variety of medical specialties for a full range of clinical services, as well as primary care. We have had a number of successful surgeries and great recoveries.

*Community participation*

We strongly advocate for community participation among individuals/ patients. Their involvement in community events, religious gatherings, volunteering and others reduce on the loneliness and exposes them to possibilities. This approach is strongly recommended by the foundation.

*The Hospital to Home journey*

Some patients require continued rehabilitation whether more intensive as found in acute rehabilitation centers or lower acuity provided in nursing facilities skilled in post-acute care. We walk with the patients every step of the way according to their required attention.

**Get involved page**

Volunteer at the intuition to share your expertise

Share knowledge on the different topics

Be part of our advocacy sessions online

Host a community event on sensitization and awareness

Donate to change a life

**Future prospects page**

1. Sensitization and awareness

* Making, fitting and educating individuals to use modern technology to support their current situation.
* Exercise training and education on healthy living for a person with mental illnesses.

1. Minimisation of side effects

* Prescribing medicine to reduce muscle stiffness and other drug related side effects.
* Positioning and splinting techniques to assist with skin healing, reduce swelling, and to regain movement after burn surgery.
* Integrating nutrition to support recovery and daily living.

1. Construction of Rehabilitation centres

* Modifying patients’ home environments to improve their safety and independence at home and to reduce their risk of falls

1. Provision of Medical assistance to more parts of the country

* Psychological support for a person with depression
* More outreach programs to extend our services to the rest of the country in order to increase on the impact span.